

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer1	Summer 2
F1	SEAL New Beginnings	SEAL Getting on/Falling out Anti Bullying	SEAL Going for Goals Drugs Ed	SEAL Good to be me	RSE Relationships Growing Mothers and babies Same but different	SEAL Changes
F2	SEAL New Beginnings	SEAL Getting on/Falling out Anti Bullying	SEAL Going for Goals Drugs Ed	SEAL Good to be me	RSE Relationships Growing Mothers and babies Same but different	SEAL Changes Going for Goals
Year 1	SEAL New Beginnings	SEAL Getting on/Falling out Anti Bullying	SEAL Going for Goals Drugs Ed	SEAL Good to be me	RSE Relationships Same but different Girls and boys Rights over our bodies	SEAL Changes Going for Goals
Year 2	SEAL New Beginnings	SEAL Getting on/Falling out Anti Bullying	SEAL Going for Goals Drugs Ed	SEAL Good to be me	RSE Relationships Changes Rights over our bodies Secrets	SEAL Changes Going for Goals
Year 3	SEAL New Beginnings	SEAL Getting on/Falling out Anti Bullying	SEAL Going for Goals Drugs Ed	SEAL Good to be me	RSE Relationships Naming body parts Life cycles	SEAL Changes Going for Goals

Year 4	<b>SEAL</b> New Beginnings	<b>SEAL</b> Getting on/Falling out Anti Bullying	<b>SEAL</b> Going for Goals Drugs Ed	<b>SEAL</b> Good to be me	<b>RSE</b> Relationships Stereotypes Puberty-physical/emotional changes	<b>SEAL</b> Changes Going for Goals
Year 5	<b>SEAL</b> New Beginnings	<b>SEAL</b> Getting on/Falling out Anti Bullying	<b>SEAL</b> Going for Goals Drugs Ed	<b>SEAL</b> Good to be me	<b>RSE</b> Relationships Puberty-girl talk/boy talk Human reproduction Stereotypes	<b>SEAL</b> Changes
Year 6	<b>SEAL</b> New Beginnings	<b>SEAL</b> Getting on/Falling out Anti Bullying	<b>SEAL</b> Drugs Ed	<b>SEAL</b> Good to be me	<b>RSE</b> Relationships Puberty-girl talk/boy talk Human reproduction Stereotypes	<b>SEAL</b> Changes

Our aim in PSHE education is to provide our children with knowledge. They will then have the opportunity to consider what this knowledge and understanding means to them and to develop the skills and strategies they will need to apply this knowledge in their real lives.

RSE- Relationships and Sex Education

SEAL-Social and Emotional Aspects of Learning

Teaching will take into account the ability, age, readiness, and cultural backgrounds of our young people to ensure that all can fully access PSHE education provision This is a suggested plan to show what/when different topics will be covered in PSHE.